# The Life Cycle of a Modeling Project: Estimating Acute HIV Infectivity



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DAIDD, White Oak Conservation Wednesday December 7, 2016



# **Units of Science**

• Publications

• Policy Reports

Dissertations

Presentations

• Software

# Why publish?

• Communication

Career

• Peer Review

# How do modeling projects differ?

• Not always necessary collect empirical data

Rely more heavily on literature reviews

# **Development of Study Concept**

• What is your question?

• Why is it interesting?

• Who is interested?

 Can it be narrowed down to a question about specific quantitative relationships?

# Review of Literature & Available Data

- Who has tried to answer this before and how did they do it?
  - Empirical studies
  - Modeling studies (perhaps different pathogen)
- What are these studies short-comings?

• Find useful parameter estimates or data sets

# **Construction of Modeling Framework**

What drawbacks of previous studies can I mitigate (if applicable)

- What modeling elements are necessary for my question?
  - Stochasticity, time step size, compartmental structure, complexity of contact modeling

# Writing the Model & Producing Output

- What are the 1-3 graphical outputs that will display the answer(s) to my question?
- Coding & debugging & commenting
- Version Control (Git)
- Simulation to verify methods & debug
- Write your methods at this stage!

# Model Validation & Robustness

Sensitivity analyses

Model validation

Out-of-sample prediction Outputs match patterns that weren't inputs

• Comparison to alternative models

# Choose the Journal

- Where are the majority of your citations?
- Journal scope statement (on their website)
- Other articles in that journal
- Audience
- How mathematical will your article be?
- Text, figure, table limits

# Write-Up of Results, Intro/Discussion

• State assumptions clearly

Critique your own work
\*as if you were a reviewer\*

# Conclusion: HIV-1 acute infectivity has been substantially overestimated

RESEARCH ARTICLE

#### PLOS MEDICINE

Reassessment of HIV-1 Acute Phase Infectivity: Accounting for Heterogeneity and Study Design with Simulated Cohorts

Steve E. Bellan<sup>1\*</sup>, Jonathan Dushoff<sup>2</sup>, Alison P. Galvani<sup>3,4</sup>, Lauren Ancel Meyers<sup>5,6</sup>

PLOS Medicine | DOI:10.1371/journal.pmed.1001801 March 17, 2015



Lauren Meyers UT Austin





Jonathan Dushoff McMaster University

Alison Galvani Yale University

# Outline

- 1. Relevance: Treatment as Prevention (TasP)
- 2. Measuring excess infectivity with EHM<sub>acute</sub>
- 3. Literature review of past estimates
- 4. Re-estimation of EHM<sub>acute</sub> from viral load
- 5. Re-estimation of  $EHM_{acute}$  from the Rakai cohort

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#### Treatment as Prevention (TasP)

#### Treated HIV-infected individuals transmit 96% less than untreated HIV-infected individuals

Cohen et al. (2011). NEJM.

## Treatment as Prevention (TasP)



adapted from Granich et al. (2009). Lancet.

## Treatment as Prevention (TasP)



adapted from Granich et al. (2009). Lancet.

## **Universal Testing and Treatment**



adapted from Granich et al. (2009). Lancet.

cluster randomized controlled trials underway

## Will "Test and Treat" work?

- Logistics
- Uptake and adherence
- Drug Resistance
- Early Transmission

OPEN O ACCESS Freely available online

Review

HIV Treatment as Prevention: Debate and Commentary—Will Early Infection Compromise Treatment-as-Prevention Strategies? PLOS MEDICINE

Myron S. Cohen<sup>1,2,3</sup><sup>1</sup>, Christopher Dye<sup>4</sup><sup>1</sup>, Christophe Fraser<sup>5</sup><sup>1</sup><sup>\*</sup>, William C. Miller<sup>2,3</sup><sup>4</sup>, Kimberly A. Powers<sup>2,3</sup><sup>1</sup><sup>\*</sup>, Brian G. Williams<sup>6</sup><sup>1</sup><sup>\*</sup>

How much transmission happens before diagnosis and treatment?



















#### Estimates of AF<sub>early</sub>: proportion of transmission < 1 yr post-infection



Cohen et al. (2011). NEJM.





#### Here, we focus only on biological infectivity.

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#### What affects biological infectivity?

#### 2.5X infectivity / log10 viral load



#### Let's take the average viral load trajectory



Robb (2012). AIDS Vaccine 2012. PL02.02.
#### Let's take the average viral load trajectory





All previous studies assumed discrete phases...



All previous studies assumed discrete phases...

2.5X infectivity log10 viral load



All previous studies assumed discrete phases...





# **EHM**<sub>acute</sub>

#### 25 compare to 120 hazard-months during 10 years of infection



## **EHM**<sub>acute</sub>

25 compare to 120 hazard-months during 10 years of infection



comparable across different acute phase durations

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### Estimating EHM<sub>acute</sub> Indirectly

• Viral load trajectories



- Fast epidemic growth explainable by
  - early transmission



Powers et al. (2011). Lancet.



- 🔺 (1) Jacquez et al. 1994
- 🔺 (2) Pinkerton and Abramson 1996
- 📥 (3) Koopman et al. 1997
- 📥 (4) Kretzschmar & Dietz 1998





Directly measured once by the Rakai Community Cohort Study, Uganda



- 🔺 (2) Pinkerton and Abramson 1996
- 📥 (3) Koopman et al. 1997
- 📥 (4) Kretzschmar & Dietz 1998
- (5) Xiridou et al. 2004
- (6) Pinkerton 2007

(11) Prabhu et al. 2009

(13) Cohen et al. 2013 (Williams)



🔺 (1) Jacquez et al. 1994

(2) Pinkerton and Abramson 1996

Directly measured once by the Rakai Community Cohort Study, Uganda



### Why reevaluate EHM<sub>acute</sub> estimates?

Viral Load

Continuous trajectory instead of discrete phases



Rakai Retrospective Cohort Study

Biases due to (1) unmodeled heterogeneity (2) study design

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continuous trajectory to avoid overestimation









- 🔺 (1) Jacquez et al. 1994
- 🔺 (2) Pinkerton and Abramson 1996
- 📥 (3) Koopman et al. 1997
- 📥 (4) Kretzschmar & Dietz 1998
- (5) Xiridou et al. 2004
- (6) Pinkerton 2007
- (7) Hayes et al. 2006
- (8) Hollingsworth et al. 2008
- (9) Abu-Raddad et al. 2008
- (10) Salomon & Hogan 2008
- (11) Prabhu et al. 2009
- (12) Powers et al. 2011
- (13) Cohen et al. 2013 (Williams)
- (14) Romero–Severson et al. 2013
- $\triangle$  (15) Rasmussen et al. 2014

#### based on

- ▲ epidemic curve
- viral load
- Rakai
- Rakai & epidemic curve
- $\Delta$  phylogenetics

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### How to *directly* measure acute infectivity?

- Identify recently infected individuals
- Observe rate at which they infect sexual partners
- Must be switching between partners
- Moral imperative to intervene

#### Rakai Community Cohort Study



### The Rakai Retrospective Cohort Study

In a prospective population cohort study 1994-1999

retrospectively identified

235 stable couples observed serodiscordant at least once

Do individuals infect their partners at different rates early vs. later in infection?

Wawer et al. (2005). Journal of Infectious Disease.







- seronegative participant
- seropositive participant
- lost to follow-up





- seronegative participant
- seropositive participant
- lost to follow-up



- seronegative participant
- seropositive participant
- lost to follow-up



- seronegative participant
- seropositive participant
- lost to follow-up
- coupled



- seronegative participant
- seropositive participant
- lost to follow-up
- coupled



- seronegative participant
- seropositive participant
- lost to follow-up
- coupled

Analyze couples observed serodiscordant once and then followed up






# Rakai Retrospective Couples Cohort



# Rakai Retrospective Couples Cohort



# Rakai Retrospective Couples Cohort

### Suggestive of HIGH acute infectivity



# Why re-analyze these data?

# Heterogeneity in Transmission Rates

- Host genetics
- Circumcision
- Viral load
- Viral genotype
- Coital Rate
- Intercourse type (anal, dry, vaginal)
- Condom usage
- STIs
- Coinfections
- Nutrition

# **Bias 1: Unmodeled Heterogeneity**

"Naïve" Couples. Some are high risk

Persistently serodiscordant. Selected to be low risk



# **Bias 1: Unmodeled Heterogeneity**

Average risk acutely infected partners

Low risk chronically infected partners



Unmodeled heterogeneity might bias EHM<sub>acute</sub> upwards

# **Bias 2: Inclusion Criteria**



# **Bias 2: Inclusion Criteria**



# **Bias 2: Inclusion Criteria**



Accidentally excluded ~17 couples suggestive of low infectivity

## Simulating Rakai Transmission & Observation



2. Replicate Rakai study design

3. Apply published analyses to simulated data.





### example relationship history

Bellan et al. (2013). Lancet.



Bellan et al. (2013). Lancet.





### relative hazard (RH) varies by HIV stage





## Simulating Rakai Transmission & Observation



- 2. Replicate Rakai study design

data-centric ---->

 Apply published analyses to simulated data.





## **Bias Analysis**



## **Bias Analysis**



## **Bias Analysis**



### Bias-Adjusted Estimates (ABC-SMC)

**Estimation** 

### What inputs consistent with Rakai data?

$$\mathsf{EHM}_{\mathsf{acute}} = 8.4$$



### Variation in EHM<sub>acute</sub> Estimates



### Variation in EHM<sub>acute</sub> Estimates



### Variation in EHM<sub>acute</sub> Estimates

Viral load & Rakai estimates reconciled by adjusting for biases.



- 🔺 (1) Jacquez et al. 1994
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#### based on

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- $\Delta$  phylogenetics

### Early proportion of transmission AF<sub>early</sub>?



## What about AF<sub>early</sub>?



# Conclusions

- Acute infectivity substantially overestimated
- Early transmission less likely to undermine Treatment as Prevention
- Importance of heterogeneity

#### process-centric



#### data-centric



#### Bellan et al. 2015. PLOS Medicine.

# Why publish?

Communication (advance science & policy)

• Career

• Peer Review

# How do modeling projects differ?

- Do not always collect empirical data
- Rely more heavily on literature



# **Development of Study Concept**

- What is your question? How infectious is acute phase of HIV?
- Why is it interesting? Affects effectiveness of TasP
- Who is interested? HIV epidemiologists, policy makers
- Can it be narrowed down to a question about specific quantitative relationships?
   Hazard ratio acute vs chronic EHM<sub>acute</sub> estimated from available data

# **Review of Literature & Available Data**

- Who has tried to answer this before and how did they do it?
- What are these studies short-comings?
- Find useful parameter estimates or data sets









# **Construction of Modeling Framework**

- Drawbacks of previous studies to mitigate EHM<sub>acute</sub> heterogeneity/study design simulation for validation
- modeling elements necessary for question

   couple-centric
   stochastic
   monthly time step
   heterogeneity, study design, variable infectivity

# Writing the Model & Producing Output

• What are the 1-3 graphical outputs that will display the answer(s) to my question?



- Coding & debugging & commenting
- Simulation to verify methods & debug
- Write your methods at this stage!

# Model Validation & Robustness

Sensitivity/Elasticity analyses

Model Validation (out-of-sample predictions)

Comparison to alternative models

# Choose the Journal

• Journal scope statement (on their website)

"general interest on biomedical, environmental, social and political determinants of health... emphasizes work that advances clinical practice, health policy or pathophysiological understanding to benefit health"

Audience

epidemiologists, clinicians, policymakers, modelers

- How mathematical will your article be?
   slightly, most math in appendix (23 pgs, 9 figures, data)
- Text, figure, table limits

# Write-Up of Results, Intro/Discussion

### State assumptions clearly

S5 Table. Assumptions made by previous analyses of the Rakai retrospective cohort that are relaxed in our re-analysis.

Study	Assumption	Bias in EHM <sub>acute</sub>	Correction
Wawer et al. 2005	All infections and deaths occur exactly at the midpoint of the cohort interval in which they were observed.	Slight downward	We relax this assumption (as does Hollingsworth et al.) by including a latent (unobserved) variable for infection time.
Wawer et al. 2005 Hollingsworth et al. 2008	Incident, prevalent and late couples are <i>different types</i> of couples and real couples do <i>not</i> switch between these categories.	Slight downward	We relax this assumption by modeling in such a way that each of these categories simply represents that the cohort study only <i>observed</i> each couple in one of their disease phase categories.
Wawer et al. 2005 Hollingsworth et al. 2008	Couples were sampled in an unbiased manner.	Substantial upward	In reality, couples providing strong evidence for lower acute phase infectivity were more likely to be excluded from the Rakai cohort based on exclusion criteria of couples lost to follow-up. We relaxed this assumption by explicitly including the study inclusion criteria in our model.
Wawer et al. 2005 Hollingsworth et al. 2008	Transmission rates into couples and between serodiscordant partners are the same (i.e. homogenous) for all couples.	Substantial upward	We relaxed this assumption by allowing each individual to have a risk deviate that affects their risk of acquiring HIV; risk deviates were sampled from lognormal distributions with standard deviations estimated by fitting our couples transmission model to the data.
## Submission

• Cover letter:

If journal isn't mathematical, state clearly why approach is appropriate!

## Revisions

• Expect reviewers to question assumptions Helps you choose additional sensitivity analyses

Expect some reviewers to not understand methods

Helps improve clarity

# Revisions

Please also keep in mind the general medical audience of PLOS Medicine; the paper needs to be understandable by individuals who are not expert <u>modellers</u> in the field.

We have made several changes to the manuscript to make it more understandable to the general reader:

- We have moved the technical explanation of the couples transmission model to the appendix, and only highlight the two main points necessary to understand our results: (1) changing hazard by disease stage, (2) heterogeneity in risk between couples.
- Replaced the technical description of the simulation model with a schematic diagram in Figure 3.

#### Revisions

"We believe that the reviewer misinterpreted XXXX because we were not clear enough. We have clarified this by XXXX."

### Acknowledgements

- Juliet Pulliam, Meyers Lab at UT Austin
- International Clinics on Infectious Disease Dynamics and Data (ICI3D)





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Title: Reassessment of HIV-1 Acute Phase Infectivity

Attribution:

Bellan SE, Dushoff J, Galvani AP, Meyers LA (2015) Reassessment of HIV-1 Acute Phase Infectivity: Accounting for Heterogeneity and Study Design with Simulated Cohorts. PLOS Med: 1–28. doi:10.1086/429411.

Code: <u>https://github.com/sbellan61/AcuteRetroSim</u>

For further information or slides in Microsoft Powerpoint please contact Steven Bellan (<u>steve.bellan@uga.edu</u>).